



# Contemplative Listening - 2

Further suggestions to deepen our understanding of contemplative listening

By 2018, contemplative living will be our way of being, affecting all aspects of our lives. Hearing what God is saying in our world will give us courage and energy to reflect and act with others and intensify our action for justice. It will keep us focussed on the essential, amid the many changes that will take place.

Chapter Doc 2013



To arrive at this, we will renew our commitment to personal and community prayer as a fundamental value and practice, setting aside time for reflection on our life and mission and for community prayer and celebration together, using reflection groups and availing of suitable materials, especially our Ongoing Formation Guidelines.

Chapter Doc 2013

*" to hear deeply enough what is going on in people's lives so that I can try to understand **why** Jesus' desire is that we see and discover together a different way of relating to God, to humanity, to the earth and all of creation"*

Kevin Dowling C.Ss.R

*"Our communities need members whom people experience as **"gift"** ... truly human people in the best sense - people who are whole and life-giving"*

Kevin Dowling C.Ss.R

*" We ask of God openness to the Holy Spirit, attentiveness to the Word active in our world, continual conversion of heart"*

Constitutions 4

**Mary kept  
all these words and  
pondered them  
in her heart**

Lk 2: 51

What do I hear God's voice saying to me in the world today?

