

Prayer for November

LET GO

To 'let go' does not mean to stop caring.
It means I can't do it for someone else.

To 'let go' is not to cut myself off.
It's the realisation I can't control another.

To 'let go' is to admit powerlessness,
which means the outcome is not in my hands.

To 'let go' is not to try to change or blame another.
It's to make the most of myself.

To 'let go' is not to care for, but to care about.

To 'let go' is not to fix, but to be supportive.

To 'let go' is not to deny, but to accept.

To 'let go' is not to regret the past,
but to grow and live for the future.

To 'let go' is to fear less, and love more.

