

PRAYER FOR NOVEMBER 2011



THE PROCESS OF RELEASING AND RECEIVING is an integral part of our spiritual journey.



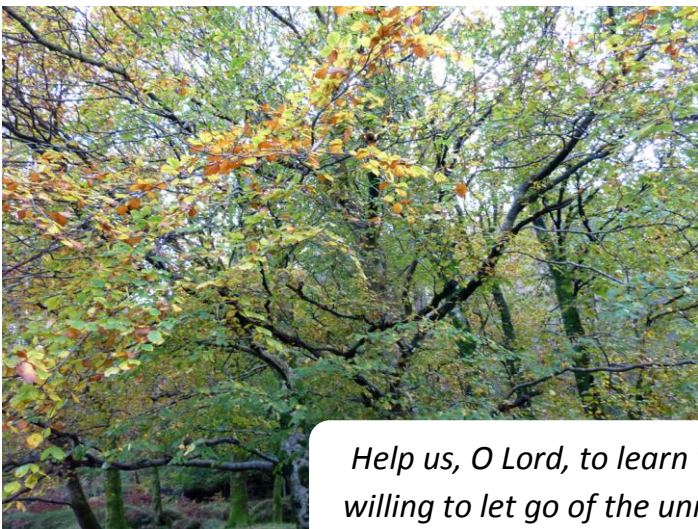
We let go of pride and independence in order to receive other people's loving generosity.

We let go of preconceived notions and prejudices in order to gain new insights.

We let go of painful memories and hurts in order to begin afresh.

As we begin to let go of such things we know that we're not doing it alone.

God, who understands the nature of change, invites and empowers us on the journey of change.



Help us, O Lord, to learn the lessons of the trees; to be willing to let go of the unnecessary things in life so that we may move on in our journey towards greater life.

