



We humans have a lot to learn from autumn trees. No one of us wants to be so surrendered, so vulnerable to winter as the autumn trees. Yet each of us, if we are truly open to growth and change, will experience this in our inner selves. Our relationships and our experiences of life will ask us to be open, to be more willing to let go in order that new growth can come.

New growth means change. Trees tell us this. Life tells us this. Jesus tells us this. One of the most beautiful aspects of the Incarnation is that the Son of God allowed himself to be vulnerable. He came as one of us and he opened himself up in love to the possibility of failure, being wounded, misunderstood, and rejected, all of those things that we know as “daily dyings”, like those autumn leaves fast falling from trees.



*Lord, God of the seasons.
Teach us to look at the created world
around us.*

*Teach us to reflect deeply on the
messages you give us through your
creation.*

*Help us to accept the patterns of life
as we accept the changes in the
seasons.*

*Let us be perceptive enough to see
your light shining through the darker
parts of our lives, pointing to a
future of hope and joy*