



Matthew 11:28-30

“Come to me,
all you who are weary and burdened,
and I will give you rest.
Take my yoke upon you and learn from
me,
for I am gentle and humble in heart,
and you will find rest for your souls.
or my yoke is easy and my burden is
light.”

From Pere Gailhac – Founder of the Sisters of the Sacred Heart of Mary

“You are daughters of the Sacred Heart of Mary,
of that heart which so closely cooperated in the work of redemption.

The title alone indicates what your devotedness should be,
with what zeal you must cooperate in the work of calling others
to holiness for the glory of God.

Everything in you must speak of holiness;
your whole life must draw others to God.”