## **PRAYER / REFLECTION for August 2024**



You are the God who needs nothing and yet you took time to rest. Thank you for the summer that gives us the opportunity to follow your example. We rejoice in the gifts of family and friends and the time off to enjoy them. As Father, Son and Holy Spirit you lived in community for all eternity. Teach us to appreciate all you have given us and to be mindful of the many in our world who are suffering in various ways – part of our community of humanity.