



"The Heart of Jesus participates in the majesty of the most holy Trinity. The three divine persons have the same power, wisdom, goodness, spirit, will, and Heart. From there comes the fact that our Savior, as God, has only one and the same Heart with the Father and the Holy Spirit; and as man, his Heart, humanly divine and divinely human, is but one also with the Heart of the Father and the Holy Spirit. The Holy Trinity lives and reigns in all its majesty in the Heart of Jesus.

"Learn from me for I am meek and humble of heart, and you shall find rest for your souls." With these words, our Lord himself has shown his Heart as the source of peace and consolation. Come to the school of my Heart, Jesus tells us, and meditate on the dispositions of my Heart. You will see that humility and gentleness are its main characteristics. If you imitate this humility and this gentleness you will have found the secret of peace.